

International Bible Lesson

Study Guide for Psalms 103:1-22

New International Version

Assign each person in the class one or more verses to study.
Each person should answer these two questions on their assigned verse.

1. What does this verse say?
2. What does this verse mean to me?
3. Discuss your answers with the class.

(Psalms 103:1) Of David. Praise the LORD, my soul; all my inmost being, praise his holy name.

(Psalms 103:2) Praise the LORD, my soul, and forget not all his benefits—

(Psalms 103:3) who forgives all your sins and heals all your diseases,

(Psalms 103:4) who redeems your life from the pit and crowns you with love and compassion,

(Psalms 103:5) who satisfies your desires with good things so that your youth is renewed like the eagle's.

(Psalms 103:6) The LORD works righteousness and justice for all the oppressed.

(Psalms 103:7) He made known his ways to Moses, his deeds to the people of Israel:

(Psalms 103:8) The LORD is compassionate and gracious, slow to anger, abounding in love.

(Psalms 103:9) He will not always accuse, nor will he harbor his anger forever;

(Psalms 103:10) he does not treat us as our sins deserve or repay us according to our iniquities.

(Psalms 103:11) For as high as the heavens are above the earth, so great is his love for those who fear him;

(Psalms 103:12) as far as the east is from the west, so far has he removed our transgressions from us.

(Psalms 103:13) As a father has compassion on his children, so the LORD has compassion on those who fear him;

(Psalms 103:14) for he knows how we are formed, he remembers that we are dust.

(Psalms 103:15) The life of mortals is like grass, they flourish like a flower of the field;

(Psalms 103:16) the wind blows over it and it is gone, and its place remembers it no more.

(Psalms 103:17) But from everlasting to everlasting the LORD's love is with those who fear him, and his righteousness with their children's children--

(Psalms 103:18) with those who keep his covenant and remember to obey his precepts.

(Psalms 103:19) The LORD has established his throne in heaven, and his kingdom rules over all.

(Psalms 103:20) Praise the LORD, you his angels, you mighty ones who do his bidding, who obey his word.

(Psalms 103:21) Praise the LORD, all his heavenly hosts, you his servants who do his will.

(Psalms 103:22) Praise the LORD, all his works everywhere in his dominion. Praise the LORD, my soul.

Write the verse or verses you have been assigned in the space below:

Answer These Questions for Class Discussion or Study

1. What does the verse say?
2. What does the verse mean to me?