

Praying Through Hebrews 4:14-5:10

Dear God, thank You for raising Jesus Christ from the dead so He could ascend to heaven as our Great High Priest. Help me hold firmly to my faith in Him and help me share rightly my faith with others even in the most difficult and dangerous situations as You lead and empower me.

Lord Jesus, thank You for coming into our world and suffering many temptations, while never committing a sin. By Your faithful obedience while suffering, You became the perfect sacrifice for our sins. I know You empathize with my human weaknesses and You will help me in my times of need.

O God, I come with confidence into Your presence and I bow down before Your throne of grace and mercy because of what Your Son, Jesus, has done for me. In my ignorance, I sometimes go astray, and sometimes I fall into the tempter's snare and willfully disobey You, but I trust in Your mercy, Your willingness to hear my prayers of confession, and Your promise to forgive me for Jesus' sake. I trust in Your love and power that will restore my right relationship with You. I rejoice in the saving faith that You have given me through Jesus Christ. I know I can go to Jesus, my Great High Priest, and His sacrifice for my sins will make it possible for You to justly forgive all my transgressions. Indeed, I thank You that Jesus Christ intercedes for me from heaven.

O God, with Jesus as my example and teacher, and as a believer that Jesus Christ has saved me by grace through faith in Him, help me to pray always with reverent submission to You. Whenever I suffer various trials and temptations, help me to learn loving and joyful obedience for Jesus' sake and the sake of Your kingdom. Amen.

Please Note: I first learned about “Praying Through the Bible” from Edith Schaeffer, the wife of Francis Schaeffer. You might like to close your class with the above prayer as a way of beginning to teach your class how they too can pray through the Bible. First, you might like to teach your class how to pray through the *International Bible Lessons* each week. [Perhaps some of them would learn how to pray through portions of the Bible during their daily Bible reading and quiet time.] Second, a week in advance, perhaps some of your students would like to write their own “Prayer Through the Bible” using the *International Bible Lesson* scripture text and read their prayer at the close of class. Third, eventually, your students will be able to pray through the Bible without needing to write their prayer in advance before they pray at the end of class. If you would like to learn more about prayer from Edith Schaeffer, read [How God Teaches Us to Pray](#): Lessons from the Lives of Francis and Edith Schaeffer, Kindle Edition, by L.G. Parkhurst, Jr.