



International Bible Lessons Commentary

Uniform Sunday School Lessons Series

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Application — Five Takeaways

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Exodus 31:12-18

1. The Bible is God's written Word spoken through messengers to us. "All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work" (2 Timothy 3:16-17).
2. Observing the Sabbath rightly is a sign we have a right relationship with God.
3. Some who do not know God will desecrate or defile the Sabbath.
4. Jesus affirmed that God gave us the Sabbath for our benefit.
5. Observing the Sabbath rightly should make it a day of rest and refreshment for us.

Your Application — Your Takeaway Notes

Begin or close your class by reading the short weekly *International Bible Lesson*.
Read the [International Bible Lessons Commentary](#) on this *International Bible Lesson*.
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