

International Bible Lesson

Five Applications from Psalms 34:1-10 & Hebrews 2:17-18

1. When we praise, extol, and glorify the LORD *at all times*, the afflicted can hear and rejoice.
2. When we magnify the LORD before others, we can help people see and learn more about our wonderful God. We can help others taste and see that the LORD is good.
3. When believers seek the LORD, He will answer them, so they lack no good thing.
4. The LORD can deliver us from our fears, our shame, and all our troubles.
5. Our Lord Jesus is fully human, so He understands our needs and temptations. He is our merciful and faithful high priest, and His death and resurrection make our forgiveness possible.

Your Application — Your Takeaway Notes

Begin or close your class by reading the short weekly *International Bible Lesson*.
Read the [International Bible Lessons Commentary](#) on this *International Bible Lesson*.
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