



International Bible Lesson  
Uniform Sunday School Lessons Series  
L.G. Parkhurst, Jr.

## How to Receive God's Promises

### February 24, 2019

### Psalms 91:1-16

*“For he will command his angels concerning you to guard you in all your ways” (Psalms 91:11).*

When we read this verse, we might very well ask, “How can this be true for me?” Psalms 91 tells us what we need to do to gain the assurance this verse gives. First, we need to choose “to live in the shelter of the Most High,” just as we might choose to remain inside during a lightning storm. We need to abide or stay so close to God that we remain under “the shadow of the Almighty” no matter where God leads (verse 1). Second, we must make God our refuge (verses 2, 4, 9). He is the One we need to go to for ultimate protection in any situation. Third, we must trust in God, that God has the intelligence, power, and willingness to keep all of His promises to us (verse 2). Fourth, we must love God enough to do whatever He tells us in the Bible (verse 14). We aim to please the ones we love. We try our best for those we love. By loving and obeying God, we stay within the fortress He has made for our protection in this world. Fifth, we must know God’s name (verse 14). We come to know God’s name through the variety of names in the Bible that reveal God’s character and nature. Our faith in God deepens the more we know what His names imply. Sixth, when trouble comes, we need to “call to” God (verse 15). When we call to the Lord by name, He will answer us, be with us, rescue us, and honor us. Furthermore, God will satisfy us, save us, and give us a long life (verse 16).

## Thinking Further

1. Why do you think Jesus used the image of a hen when looking over Jerusalem and talking about the city before His arrest?
2. Think of someone you know who needs the blessings promised in Psalms 91. Pray for that person and for the opportunity to help them.
3. Read Psalms 91:1-2 again. What does the word “abide” mean to you in these verses? How does your understanding relate to abiding in God?
4. Read Psalms 91:9-10. What do people need to do so God can be their dwelling place?
5. What does Psalms 91 teach about angels? How might this teaching help you?