

Reasons Not to Worry

International Bible Lesson

John 14:1-14

Sunday, May 27, 2012

“Let not your heart be troubled: ye believe in God, believe also in me” (John 14:1—KJV).

“Do not be worried and upset,’ Jesus told them. ‘Believe in God and believe also in me” (John 14:1—GNB).

“Do not let your hearts be troubled. Believe in God, believe also in me” (John 14:1—NRSV).

Jesus gave the ultimate solution for facing all fears and overcoming all problems. He said, “Do not let your hearts be troubled.” We can refuse to let our hearts be troubled by past, present, or possible events we hear reported with troubled tones. We can choose to confront every troubling person or situation with peace of mind and heart. Jesus gave a rational reason for not allowing ourselves to become overwhelmed with events and people beyond our control. He said, “Believe in God, believe also in me.”

Jesus came into the world to show and tell the truth about God and himself. By the way Jesus lived and died, He revealed the depth of God’s gracious love. He showed forth the character and nature of God so perfectly throughout His life and ministry that He said, “Whoever has seen me has seen the Father” (John 14:9). When we see the perfect, wise, and loving concern of God the Father in the way Jesus treated people, if we believe in God and Jesus, we can have hope at all times.

Those who believe in God and Jesus can help those with weak or no faith in God as they show and tell the facts of Jesus’ faithfulness by their way of life and words. If others see the joyful and peaceful difference that the Spirit of Jesus can make in the believer’s life, they will have more good reasons to trust in God and Jesus. Even if believers suffer disaster and death before Jesus returns, through believing in God and Jesus they will not perish but inherit eternal life in the paradise Jesus has prepared for them. – L.G. Parkhurst, Jr.

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Thinking Further

1. What are some concerns or events that trouble some people today?

2. How can believing in God the Father and Jesus Christ as Lord and Savior help people not to be troubled about the concerns and events they listed in answer to question one?

3. Jesus said He was the way, the truth, and the life. How does knowing this help you in your daily life?

4. How do Jesus’ words help you when you are facing death – the death of a friend, loved one, or yourself?

5. How does Jesus teaching on prayer in these verses encourage you?

Read the verse by verse commentary on this lesson at the BibleLessonForum.com. See the recommended study and worship resources at SmallChurchResources.com.