



International Bible Study Commentary

Verse-by-Verse Bible Lessons Thru the Bible

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Romans 8:1-14 Study Hints for Discussion

1. What is the law of sin and death and how can someone be set free from this law?

The law of sin and death is the wages of sin is death. The consequence of sin is physical and spiritual death. To be set free from this law, a person must trust in Jesus Christ as their Lord and Savior and set their minds on the Spirit instead of on the flesh. We are saved by grace through faith in Jesus Christ.

2. How can the righteous requirement of the law be fulfilled in us?

By walking according to the Spirit instead of walking according to the flesh.

3. What does it mean to set our minds of the things of the Spirit?

To live according to the Spirit. To turn our focus away from the things of the flesh to the things of the Spirit. The Spirit will help us study, understand, and apply the Bible's teachings to our way of life as followers of Jesus Christ. The Spirit will not lead us away from what the Bible teaches. The mind set on the Spirit is life and peace.

4. Describe the mind set on the flesh.

The mind set on the flesh (on unlawfully following our emotions and desires) lives according to the flesh. The mind set on the flesh follows desires and emotions instead of reason, the Bible's teachings, and the Spirit's leading. The mind set on the flesh is hostile to God and at war with God. The mind set on the flesh is death. It cannot and will not submit to God's law and it cannot and will not please God.

5. Describe some aspects or qualities of the Christian's way of life.

Christians are not under condemnation, because they are in Christ Jesus. They are set free from the law of sin and death. Christians can fulfill the righteous requirement of the law by walking according to the Spirit as the Spirit opens up the teachings of the Bible to them and helps them apply the teachings of Jesus to everyday life. Christians live according to the Spirit and set their minds on the things of the Spirit. Christians enjoy life and peace, submit themselves to God's law, and please God. The Spirit of God indwells Christians, and they belong to Christ. The Spirit will give life to the mortal bodies of Christians. The Spirit of God helps us put to death the deeds of the body. Christians are children of God.

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