



The Spiritual Foundations of Serenity Groups

Serenity Groups offer support, strength, and opportunities for spiritual growth to those suffering from any addiction, compulsion, disease or weakness, as well as their loved ones and care givers.

The Spiritual Foundations for Serenity Groups are the life and teachings of Jesus Christ as found in the Bible, especially in the New Testament. The Gospels record His words, works, death, burial, and resurrection from the dead to save us from our sins. According to the Bible, by believing in Him, Jesus Christ gives us a new life now and grants us a happy eternal life with God and all those who love God.

Jesus uses many means, such as Serenity Groups, to bring spiritual growth to those suffering from any addiction, compulsion, disease, sin, or weakness, as well as their loved ones and care givers. Through Serenity Groups, Jesus can save many from their sins and help them overcome temptations to sin—one day at a time. In John 1:29, John the Baptist testified about Jesus, ***“Here is the Lamb of God who takes away the sin of the world!”*** In addition to making life-everlasting possible for us, Jesus sacrificed His life and took His life up again so He could take away our sins and help us live pleasing to God and helpful to others in this world.

In Serenity Groups, the followers of Jesus Christ have the freedom to pray with others and share their faith. And the Holy Spirit can help everyone in the fellowship draw closer to Jesus Christ as His followers share experiences, truths, and the love of Jesus Christ. Through fellowship with Jesus Christ and other believers in a Serenity Group, those with any addiction, problem, weakness, or sin can become new people filled with the Holy Spirit, Who will help them become the happy person God wants them to become now and forever.

The Holy Spirit can use Serenity Groups to lead people to faith in Jesus Christ and obedience to Him as their Lord and Savior. Serenity Groups can also be used to help new and mature Christians grow spiritually closer to Jesus Christ in a loving relationship and closer to one another in a loving fellowship. The 12 Steps principles, the meeting resources on the Serenity Groups website, and the daily meditations in the book *Prayer Steps to Serenity* will provide you with easy to use materials that will help you lead or facilitate a Serenity Group without needing to be a teacher or an expert on the subject. Pray now for the Lord Jesus Christ to lead you, and for Him to lead others to you, if He wants you to begin a Serenity Group.